



## PATIENT HISTORY FORM

### Personal Information

Full Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_  
Gender:      MALE                  FEMALE                  (MM/DD/YYYY)

Address: \_\_\_\_\_  
   Street                                  City                                  State                                  Zip Code

Phone Number: \_\_\_\_\_ Email: \_\_\_\_\_

Which do you prefer?    TEXT                  CALL                  EMAIL

How did you hear about us?    Event    Facebook    Instagram    Website    Newsletter  
Family/ Friend (if so, who can we thank?) \_\_\_\_\_  
Other: \_\_\_\_\_

What is your occupation? \_\_\_\_\_

Rate your health:    EXCELLENT    VERY GOOD    GOOD    FAIR    POOR

Do you exercise?    YES    NO    If yes, what do you do? \_\_\_\_\_

### Why you're here

Main Complaint: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Pain levels the past week (0-10, 0 no pain, 10 Emergency room pain):

Lowest \_\_\_\_/10                  Highest \_\_\_\_/10                  Average \_\_\_\_/10

Your pain is:    CONSTANT                  INTERMITTENT

When did this start? (*date of injury*) \_\_\_\_\_

What makes your pain/symptoms better? \_\_\_\_\_

What makes your pain/symptoms worse? \_\_\_\_\_

What can you *not do* because of your pain/symptoms? \_\_\_\_\_



**\*\*What do YOU WANT to get back to doing?\*** (multiple answers accepted)

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Important Sport or Activity return you are targeting a return to? (List date)

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### **PATIENT MEDICAL HISTORY FORM**

Name: \_\_\_\_\_

Name of Referring Doctor: \_\_\_\_\_

Have you been to your primary care doctor for this injury: YES NO

Have you had **surgery** for *this* injury? YES NO

List any surgery(ies) you have had:

\_\_\_\_\_

List any allergies you have: \_\_\_\_\_

List any medications you currently are taking: (prescription and/or over the counter medicines)

\_\_\_\_\_

What treatments have you already tried for this condition (PT, Chiropractor, Injections, Surgeries, physician, etc)?

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Do you now or have you ever had any of the following? (*check all that apply*)

- |  |   |
|--|---|
| <input type="checkbox"/> Asthma, Bronchitis, or Emphysema    | <input type="checkbox"/> High Blood Pressure            |
| <input type="checkbox"/> Anemia                              | <input type="checkbox"/> Shortness of Breath/Chest Pain |
| <input type="checkbox"/> Heart Disease/ Attack               | <input type="checkbox"/> Diabetes                       |
| <input type="checkbox"/> High Cholesterol                    | <input type="checkbox"/> Thyroid Disease                |
| <input type="checkbox"/> Gout                                | <input type="checkbox"/> Cancer                         |
| <input type="checkbox"/> Dizziness or Fainting               | <input type="checkbox"/> Rheumatoid Arthritis           |
| <input type="checkbox"/> Anxiety                             | <input type="checkbox"/> Osteoarthritis                 |
| <input type="checkbox"/> Depression                          | <input type="checkbox"/> Bowel or Bladder Problems      |
| <input type="checkbox"/> Joint Replacements                  | <input type="checkbox"/> Hernia                         |
| <input type="checkbox"/> Severe or Frequent Headaches        | <input type="checkbox"/> Stroke/TIA                     |
| <input type="checkbox"/> Osteoporosis                        | <input type="checkbox"/> Vision or Hearing Difficulties |
| <input type="checkbox"/> Sleeping Problems/Difficulties      | <input type="checkbox"/> Hepatitis                      |
| <input type="checkbox"/> Blood Clot/Emboli                   | <input type="checkbox"/> Epilepsy/Seizures              |
| <input type="checkbox"/> Pacemaker                           | <input type="checkbox"/> AIDS/HIV                       |
| <input type="checkbox"/> Vascular/Circulation Problems       | <input type="checkbox"/> Currently Pregnant             |
| <input type="checkbox"/> Unexplained Weight Loss/Energy Loss | <input type="checkbox"/> Do You Smoke?                  |

If you marked yes to any of the above, or if not listed, please provide more information.

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What Tests (x-ray, CT scan, MRI, EMG) have you had recently? Please elaborate on date/findings.

Please list any additional information that would assist us in providing care to you?

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*By my signature below, I certify that the information I have provided above is complete, accurate and truthful to the best of my knowledge.*

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Guardian Signature : \_\_\_\_\_  
(if patient is under the age of 18)

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Therapist Signature: \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_



## Body Rehab & Performance

**INFORMED CONSENT:** I understand that Body Rehab & Performance will maintain my privacy to the highest standards and may use or disclose my personal health information for the purposes of carrying out treatment, obtaining payment, evaluating the quality of services provided and any administrative operations related to treatment or payment. I do hereby agree and give my consent for Body Rehab & Performance to furnish care and treatment that is considered necessary and proper in the diagnosing or treating of my physical condition. I understand that I retain the right to revoke this consent by notifying the practice in writing at any time.

\*Initial: \_\_\_\_\_

**FINANCIAL RESPONSIBILITY:** I understand that this clinic is not in network with any provider and I am 100% responsible for all financial obligations. At the end of my course of care I may receive a superbill upon request where I am able to submit the claims myself to my insurance provider. Body Rehab & Performance does not guarantee any reimbursement from your insurance provider.

\*Initial: \_\_\_\_\_

**24 Hour Cancellation Policy:** Please provide 24-hour notice in order to reschedule or cancel your appointment. Note that your appointment time is reserved specifically for you; There are others that would like to reserve a spot as well and if you cancel, that takes time from them being able to get better.

\*Initial: \_\_\_\_\_

**Photo/Video Release:** I grant Body Rehab & Performance the non-exclusive, non-royalty right to record myself, quotes, written statements, and/or voice on videotape, film, print, or any other media for promotional and marketing purposes.

\*Initial: \_\_\_\_\_



*By signing below, I have read the consent, financial responsibility, 24 hour cancellation, and photo/video release policies above and agree to give my consent and understand my financial obligations,*

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Patient Name (printed): \_\_\_\_\_

Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_  
*(if patient under 18)*